

Weekly Spending Plan

	Week 1	Week 2	Week 3	Week 4	Week 5 (optional)
Income					
Salary or benefits					
Child tax benefit					
Other					
Total Income					
Non-Discretionary Expenses					
Child/spousal support payments					
Child care					
Prescriptions					
Other					
Housing Expenses					
Rent/mortgage					
Property tax					
Heating/gas/oil/wood					
Electricity					
Water					
Telephone/cell					
Cable TV/internet					
House maintenance & repairs					
House/tenant insurance					
Other					
Transportation Expenses					
Car lease/payments					
Fuel costs					
Vehicle maintenance & repairs					
Vehicle insurance					
Public transportation/tolls					
Other					
Daily Living Expenses					
Groceries					
Laundry/dry cleaning					
Clothing					
Life insurance					
Bank charges					
Other					
Personal Expenses					
Meals eaten outside of the home					
Smoking					
Alcohol					
Entertainment/sports					
Barber/hairdresser					
Allowances					
Other					
Payment to Estate					
Total Monthly Expenses					
Savings to Reach Goal (Total income minus total expenses)					

